



JUNE 2023

Timken Community Center
 180 Foster Street
 Cowpens, SC 29330
 Recreation Assistant: Debi Brown
 864-406-0726



Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 9:00 - Exercise 10:00 - Social Time 10:15 - Advisory Meeting 10:30 - Craft 11:00 - Lunch	6 9:00 - Exercise 10:00 - Social Time 10:15 - Nutrition Education 10:30 - Family Feud 11:00 - Lunch	7 9:00 - Exercise 10:00 - Social Time 10:15 - Bible Study with Brian 11:00 - Lunch	8	9	10
11	12 9:00 - Exercise 10:00 - Social Time 10:15 - Craft 11:00 - Lunch	13 10:00am - Seniors Take Charge: Fall Prevention (Cleveland Park)	14 9:00 - Exercise 10:00 - Social Time 10:15 - Bingo with Suzanne (Wren Hospice) 11:00 - Lunch	15	16	17
18 Father's Day	19 Juneteenth 9:00 - Exercise 10:00 - Social Time 10:15 - Craft 11:00 - Lunch	20 9:00 - Exercise 10:00 - Social Time 10:15 - Wheel of Fortune 11:00 - Lunch	21 9:00 - Exercise 10:00 - Social Time 10:15 - Bible Study with Michael 11:00 - Lunch	22	23	24
25	26 9:00 - Exercise 10:00 - Social Time 10:15 - Bingo with Amanda (Spartanburg Rehab) 11:00 - Lunch	27 Assessments 9:00 - Exercise 10:00 - Social Time 10:30 - Bluegrass Music with the Joy Makers 11:00 - Potluck Lunch 11:30 - Bookmobile	28 9:00 - Exercise 10:00 - Social Time 10:15 - Manicures with First Responders Healthcare 11:00 - Lunch	29	30 Cora's B-day	

All activities are subject to change.